

HOT SPRING PARADISE

OITA



Discover Japan's unrevealed gems.

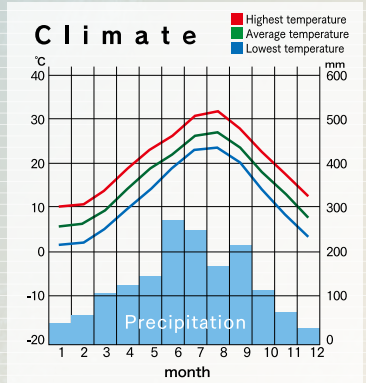


FACTS ABOUT OITA

Overview of Oita

Oita is renowned for its onsen and many other tourist attractions. Have you ever tried Oita's brand fish, *Seki Aji* (horse mackerel) *Seki Saba* (mackerel), and *Shiroshita Karei* (flounder)? How about Oita's soul food, *toriten* (chicken tempura) and *karaage* (fried chicken)? Are you familiar with Rokugo Manzan, Oita's 1,300-year-old mystic religious culture? What about Oita's unique homestay program in a rural village where you can experience the farmers' life? Use this guidebook to discover a new side of Oita that resonates with you.

ACCESS MAP



※ OITA DETAILED MAP → P22

ACCESS TO OITA

JR			AIR			FERRY		
DEPARTURE	EST. TIME OF TRAVEL	ARRIVAL	DEPARTURE	EST. TIME OF TRAVEL	ARRIVAL	DEPARTURE	EST. TIME OF TRAVEL	ARRIVAL
TOKYO	6h 30min. (transfer at Hakata)	OITA	NAGASAKI	4h (Express transfer at Hakata)	OITA	OSAKA	1h 45min.	BEPPU, OITA
NAGOYA	4h 45min. (Express Nippo Main Line via Kokura)	OITA	HAKATA	2h (Express Nippo Main Line via Kokura)	OITA	KOBE	1h 20min.	OITA
SHIN-OSAKA	3h 50min. (Express Nippo Main Line)	OITA	KOKURA	1h 30min. (Express Nippo Main Line)	OITA	YAWATAHAMA (SHIKOKU)	2h 45min.	BEPPU, OITA
HIROSHIMA	2h 30min. (Shinkansen-Express Nippo Main Line)	OITA	KUMAMOTO	3h (Express Hoho Main Line)	OITA	MISAKI (SHIKOKU)	2h 20min.	USUKI, OITA
SAGA	2h 40min. (Shinkansen-Express Nippo Main Line)	OITA	KUMAMOTO	2h 50min. (Shinkansen-Express Nippo Main Line)	OITA	TOKUYAMA (HONSHU)	1h 10min.	SAGANOSEKI, OITA
KAGOSHIMA	4h (Express Nippo Main Line)	OITA	MIYAZAKI	3h 10min. (Express Nippo Main Line)	OITA	IMI, OITA	20min.	TAKETAZU, OITA
			KURUME	2h (Express Kyudai Main Line)	OITA			HIMESHIMA, OITA

※ Shinkansen - Express

Onsen Offers So Much More than Just Soaking Japan's No.1 Onsen

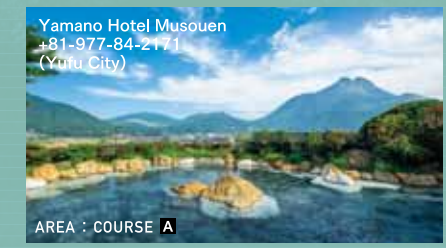
Often referred to as the Hot Spring Prefecture, Oita is renowned for its onsen. It takes pride in having Japan's largest number of hot spring sources and the largest volume of spring water. Visitors can experience different kinds of effects according to the quality of the water. As the theme and the style of bathing also differ at each *ryokan* inn, visitors can enjoy a variety of onsen experiences while soaking in the bath. Some onsen facilities permit bathers with tattoos.

Number of Hot Spring Sources	No.1 Oita	4,418	Volume of Hot Spring Water	No.1 Oita	279,549 liters/min.
	No.2 Kagoshima	2,753		No.2 Hokkaido	201,055 liters/min.
	No.3 Shizuoka	2,249		No.3 Kagoshima	157,989 liters/min.

Reference: Onsen Utilization Situation in 2017 (Ministry of the Environment)

Scenic Onsen

From uniting with nature, watching the sunrise from the ocean, to getting dazzled by the starry sky, soaking in an open-air bath located amidst the beautiful landscapes is a superb experience.



Onsen Cuisine

Jigoku-Mushi, or literally hell steaming, is a cooking method that utilizes the steam of onsen to steam the ingredients. The onsen brings out the flavors of the seafood, vegetables, and other ingredients.



Onsen Viewing

Beppu City is home to Jigoku, a series of enchanting onsen, which are only for observation. Geysers and steam coming out of the earth indeed resembles hell!



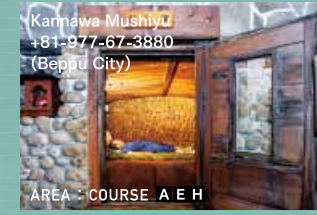
Colorful Onsen

Onsen comes in different colors and even changes its color depending on the type or water or environment. These are all unenhanced, totally natural colors!



Unique Onsen

Experience unique and fun onsen, such as a steam bath where you lie down on medicinal plants on top of heated stones, a rare bath with carbonated water, and a sand bath in which you warm your body with heated sand.



Things to Do and See in Oita

Hands-on Experiences Make Your Journey Memorable

These activities are perfect for those who are not satisfied with merely sightseeing and want to experience much more.



Wagasa Paper Lantern Making

Wagasa Kobo Shuka 朱夏 / Nakatsu City

AREA : COURSE **G**

Wagasa are traditional Japanese umbrellas delicately made from bamboo and paper. At this workshop, professional craftsmen will help you make a wagasa-shaped lantern using real wagasa materials.

Fee: from ¥12,000 (including lunch)
Capacity: Limited to five people
Required Time: 3 hours
※Reservation required / +81-979-23-1820



Bamboo Crafts Experience: Bamboo Bell Making

Beppu City Traditional Bamboo Crafts Center 別府市竹細工伝統産業会館 / Beppu City

AREA : COURSE **A/E/H**

You can get a glimpse into the world of Japanese hand-made bamboo crafts. Easy-to-make bamboo bells are suitable for anyone and will make a perfect souvenir for your trip.

Fee: ¥400 plus admission (High school students and older: ¥300, children up to 15 years old: ¥100)
Ages: From 9 years and above (younger children must be accompanied by their guardians)
Capacity: from one person
Required Time: 30 minutes / 🚗
※Reservation required / +81-977-23-1072



Horseback Riding Experience

Resonate Horse Ranch, Kokopelli Western Riding ココペリウエスタンライディング / Taketa City

AREA : COURSE **D/F**

Visit the vast landscape of Kuju Kogen plateau through beginner-friendly horseback riding lessons. The recommended course is the 30-minute trail through nature. Other courses that match your experienced level are available. Visitors can wear period clothing of warlords from the Sengoku era of feudal Japan and ride a horse (additional fee required).

Fee: ¥6,000 (one-person riding: 30-minute course) / 🚗
※Reservation required / +81-90-7398-0302



Rickshaw Experience

Tenryo-Hita Jinrikisha 天領日田人力車 / Hita City

AREA : COURSE **C/E**

Explore the historic townscape on jinrikisha, or rickshaw, to gain a new perspective and learn about the history of Hita and the daily lives of the locals.

Fee: ¥10,000 for a 60-minute charter,
¥20,000 for a 3-hour charter
Capacity: up to 2 persons
※Required time: 1-3 hour / +81-973-22-2036



Matcha Tea Experience

Kyushintei Teahouse 茶室汲心亭 / Saiki City

AREA : COURSE **D**

At this teahouse, you can try delicious sweets and a bowl of matcha, or powdered green tea, for only 300 yen. Relax and enjoy a part of Japanese culture while gazing at the tranquil and beautiful Japanese garden.

Fee: ¥300 for the Matcha Tea set / +81-972-24-3905



Onsen Tamago Making

Komatsu Jigoku 小松地獄 / Kokonoemachi

AREA : COURSE **A/D/F**

Bring and cook your own eggs at the Komatsu Jigoku, a hot spring with a hell-like atmosphere created by blowing steam and eerie geothermal mud. Soak your eggs into the designated onsen for about 10 minutes to make a soft-boiled egg.

Fee: Free / +81-973-79-2381
(Kuju Handa Kogen Tourist Information)

Mountain Monks Carrying on Ascetic Training That is More than 1,300 Years Old

Kunisaki Peninsula located in the east of Oita Prefecture has developed a unique culture that combined Buddhism, Shintoism, and ancient nature worshipping that viewed mountains as sacred. Six villages among these mountains are referred to as Rokugo, and the temples built there are referred to as Manzan.

Many beautiful stone figures sculpted with Buddha's image remain in the area and blend in the local landscapes. It is very unusual that a culture which worships both Kami and Buddha, which are originally two separate religions, still exists in present-day Japan. Traditional events, including the unique fire festival have also been passed down through generations as a crucial part of their daily lives.

In 2018, Rokugo Manzan celebrated the 1,300th anniversary of its founding. Feel the beat of history and experience the mystic local culture that you cannot find anywhere else.



Mine Iri is one of the practices of the Mountain Buddhist. It is practiced approximately once in every ten years (The most recent practice was / will be in April 2017).



This winter festival is referred to as Shujo Onie as an oni, or ogre takes part in it. They pray for good harvest and good health.

Stay at a Farmhouse & Interact with Japanese Families

Farm homestay in Japan is said to have originated in the Ajimu area in Usa City, Oita. Farm areas that host guests are currently increasing throughout the prefecture. Unlike ryokan inns or guesthouses, farm homestays are recommended for those who want to interact with locals and experience various family events. Experience warm Japanese hospitality in a relaxed atmosphere as if you are visiting your own relatives. Reservations can be made through Green Tourism organizations at each area.

- ◎Accommodation plan (charges, meals, bath, check-in time) vary by area.
- ◎Families offer various experiences, including cooking experiences and farming experiences.
- ◎Bring your own sleepwear and toiletries.

More information on farm stays can be accessed on the following website: t-oita.jp/archives/160171/



See the Following Pages for Travel Courses that Allow You to Enjoy Oita to the Fullest.

8 Recommended Courses

icon

🕒 : Hours

🔒 : Closed

🚌 : Parking area for large buses available

Course A	Visit Oita's Popular Tourist Attractions	05
Course B	Experience Mountain Buddhism's Culture and the History of Rokugo Manzan	07
Course C	Time Travel to Japan's Past and Stroll Around a Castle Town Reminiscent of the Samurai Period	09
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※The information is as of January 2020 and the content is subject to change.

Visit Oita's Popular Tourist Attractions

Highlights

- Appreciate Japan's Beautiful Seasonal Sceneries from the Grand Suspension Bridge
- Indulge in Yufuin, One of the Most Popular Onsen Resorts in Japan
- Take a Jigoku Meguri Tour to See Fascinating Onsen

Best time of year	Spring	Summer	Autumn	Winter
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START

DAY 1

10:00 ① Kokonoe "Yume" Grand Suspension Bridge 九重"夢"大吊橋

This pedestrian bridge that goes over the canyon is the highest in Japan! Stop at the middle of the bridge to look down for a thrilling yet stunning vista.

↓ 45 min.

11:45 ② Yunotake Ann 湯の岳庵 **Gourmet**

Located on the premises of Ryokan Kamenoi Besso, this old Japanese house renovated into a restaurant. Here, you can enjoy fresh local vegetables and beef in a relaxing atmosphere.

↓

12:45 ③ Horse-drawn Carriage 辻馬車

Yufuin's horse-drawn carriage has been offering sightseeing courses for over 40 years. Starting from JR Yufuin Station, visitors can enjoy idyllic scenery along the course.

↓

13:45 ④ Yufuin 由布院

Lined with many confectionary shops, cafes, and souvenir shops, Yunotsubo Kaido is a popular course for a walk. Artergio, a museum that combined music and art, is highly recommended. With cafes, museum shops, and chocolate shops in the premise, the museum is especially suitable for music lovers.

↓

15:30 Accommodations in Yufuin

Being a popular onsen resort, Yufuin has many *ryokan* inns where you can enjoy authentic Japanese ambience.



- ① Kokonoe "Yume" Grand Suspension Bridge / 8:30-17:00, 8:30-18:00 (Jul - Oct) / Open 7 days a week / Fee: Junior high school students and older ¥500, Elementary school students ¥200
※10% discount will be applied to a group of over 30 persons. / +81-973-73-3800
- ② Yunotake Ann / 11:00-22:00 / Open 7 days a week / Fee: from ¥1500 / Capacity: 40 persons / +81-977-84-2970
- ③ Horse-drawn Carriage / 9:30-16:00, 9:30-14:30 (Dec) / Services are not available during Jan to Feb, March 1st. Also may be canceled due to bad weather and condition of the horses. / Fee: Junior high school students and older ¥1,800, 4 years old and older ¥1,300 / ※Reservation required / +81-977-84-2446 (Yufuin Onsen Tourism Association)
- ④-A Jinrikisha / 9:30-until the dark (subject to change depending on the season) / Open 7 days a week / Fees: Ride-around-Yufuin Course ¥3,000 per person, ¥4,000 for two persons / +81-977-28-4466 (EBISUYA)
- ④-B artergio / 10:00-17:00 / No regular holidays / Fee: 13 years old and older ¥600, 7-12 years old ¥300 / +81-977-28-8686

Nearby Locations and Gourmet



Lake Kinrin 金鱗湖

A must-see when strolling around Yufuin. The lake changes its appearance according to season. You can see a fantastical view of fog rising up from the surface of lake during winter. +81-977-84-2446 (Yufuin City Tourist Information Center)



Yunohira Onsen 湯平温泉

The stone paved street at the center of the town is lined with wooden *ryokan* inns and souvenir shops. Enjoy walking through the traditional Japanese townscape with historic ambience. +81-977-86-2367 (Yunohira Onsen Tourism Association)



Beppu Reimen 別府冷麺

Beppu's specialty noodle is known for its distinctive sourness and fresh aftertaste. Each restaurant offers different kind of noodles; some are thick and chewy noodles, while some are thin and smooth. Many visitors eat at several restaurants to compare.



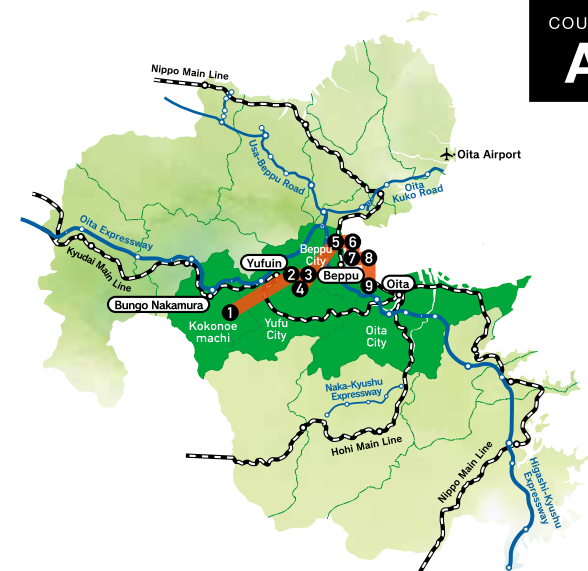
Oita Prefectural Art Museum 大分県立美術館 (OPAM)

This bright, glass-walled museum was designed by Shigeru Ban, who won the Pritzker Architecture Prize. The museum holds a special exhibition about the fusion of Oita and overseas cultures, the traditional and the modern, and art and music. +81-97-533-4500

Route Kokonoe machi ▶ Yufu City ▶ Beppu City ▶ Oita City ▶ Beppu City

Access to the Starting Point

- Fukuoka International Airport : approx. 2 hours by car
- Hakata Station : approx. 2.5 hours by JR and taxi
- Oita Airport : approx. 1 hour 15 min. by car
- Oita Station : approx. 1 hour 40 min. by JR and taxi
- Kumamoto Station : approx. 2.5 hours by JR and taxi



DAY 2

10:00 ⑤ Beppu Jigoku Meguri べっふ地獄めぐり

Jigoku Meguri, or literally hell tour, is where visitors go around and gaze at seven kinds of fascinating onsen. From the bloody-red Chinoike Jigoku, the cobalt blue Umi Jigoku, to Oniishi Bozu Jigoku with hot boiling mud, visitors can explore strange views the earth created.

↓ 10 min.

11:50 ⑥ Sato no Eki Kannawa **Gourmet** Jodekiya 里の駅かんなわ 蒸気屋

Experience Jigoku Mushi; a traditional and local cooking method in which you steam seafood and vegetables with the onsen steam. You can taste the flavor of the food without seasoning them.

↓ 20 min.

13:10 ⑦ Yukemuri Observation Deck 湯けむり展望台

Take a stroll through the quaint onsen town up to Yukemuri Observation Deck that overlooks the entire town of Beppu. See the remarkable view of onsen steam coming up from various locations in the town.

↓ 10 min.

14:20 ⑧ Beppu Kaihin Sand Bath 別府海浜砂湯

Experience *sunayu*, or sand bath, on the beach! Simply lie down on the sand in your *yukata* and the staff will gently put sand on top of you. Experience a 10-minute hot sand bath while enjoying the calming sound of the waves in the distance.

↓ 30 min.

15:50 ⑨ Takasakyama Natural Zoological Garden 高崎山自然動物園

Approximately 1200 wild Japanese monkeys live in the garden where you can watch their lively expressions in close range. Do not miss the spectacular feeding time!

↓ 20 min.

17:00 Accommodations in Beppu Onsen

COMPLETE!



- ⑤ Beppu Jigoku Meguri / 8:00-17:00 / Open 7 days a week / Fee: 19 years old and older ¥2,000(1,300), 16-18 years old ¥1,350 (850), 13-15 years old ¥1,000 (600), 7-12 years old ¥900 (500)
※Bracketed are fees for a group of over 30 persons. / +81-977-66-1577 (Beppu Jigoku Association)
- ⑥ Jigoku Mushi at Sato no Eki Kannawa Jodekiya / 8:00-21:00 / Open 7 days a week / Fee: ¥550 per 30 minutes to use a steaming pot + ¥200 per seat
※Ingredients are not included. / +81-977-66-1233
- ⑦ View from the Yukemuri Observation Deck / +81-977-21-1128 (Beppu City Tourism Division)
- ⑧ Beppu Kaihin Sand Bath / 8:30-18:00, 9:00-17:00 (Dec - Feb) / The fourth Wednesday (if it falls on a national holiday, following day is closed) / Fee: ¥1,050 / +81-977-66-5737
- ⑨ Takasakyama Natural Zoological Garden / 8:30-17:00 / Open 7 days a week / Fee: ¥520 (420), High school students ¥520(370), Elementary - Junior high school students ¥260(210)
※Bracketed are fees for a group of over 30 persons. / +81-97-532-5010

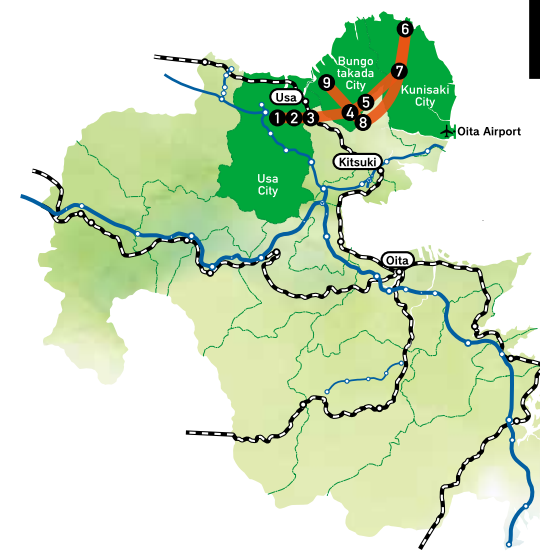


Leisurely Stroll Around Takegawara Onsen 竹瓦温泉

While Onsen Town Beppu is known for their many public baths across the town, the most symbolic is Takegawara Onsen that was built 80 years ago. The famous *sunayu*, or sand bath is a must-try. The area is filled with many other affordable onsen where visitors can soak in as if they were a local! +81-977-75-8716 (WANDER COMPASS BEPPU)

Beppu City

Experience Mountain Buddhism's Culture and the History of Rokugo Manzan



Highlights

- Rejuvenate Your Soul at the Sacred Usa Jingu Shrine
- Enjoy Nature and History through Trekking
- See One of the Largest Statues of Buddha Sculpted on Rock Walls

Best time of year	Spring	Summer	Autumn	Winter
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Route	Usa City	▶	Bungotakada City	▶	Kunisaki City	▶	Bungotakada City
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- ### Access to the Starting Point
- Fukuoka International Airport : approx. 2 hours by car
 - Hakata Station : approx. 2 hours by JR and taxi
 - Oita Airport : approx. 1 hour by car
 - Oita Station : approx. 1 hour by JR and taxi
 - Kumamoto Station : approx. 2.5 hours by JR and taxi

START

DAY 1

10:00
① Usa Jingu Shrine 宇佐神宮
 This shrine designated as a national treasure is also recognized as a location to rejuvenate your soul. Built in 725 A.D., it is the head shrine of over 40,000 Hachiman shrines across Japan that enshrine Hachiman, the Buddhist god of archery and war.

12:15
 ↓ 15 min.
② Rairaiken 来々軒 Gourmet
 Karaage, or fried chicken, are Usa City's specialty dish. Japanese fried chicken is marinated with soy sauce and other ingredients before fried, and tastes different from American fried chicken. Try them when they are freshly fried!

13:30
 ↓ 15 min.
③ Oita Prefectural Museum of History 大分県立歴史博物館
 The museum exhibits various materials regarding Oita's history and culture. See the delicate scale models of temples, Oita's bamboo crafts, and Japanese traditional umbrellas.

15:00
 ↓ 30 min.
④ Tashibuno Sho 田染荘
 This village is designated as a Globally Important Agricultural Heritage and Nationally Important Cultural Landscape for its traditional rice field and farm lands. It also offers many farm homestay programs, known as green tourism, where visitors can experience farm work and slow life.

16:40
 ↓ 10 min.
Stay at Ryoan Fukinoto 旅庵 落臺(ふきのとう)
 A Japanese *ryokan* inn located next to the National Treasure, Fuki-ji Temple. You can enjoy meals made from local vegetables in a relaxing and peaceful environment surrounded by nature. +81-978-26-2668



- ① Usa Jingu Shrine / ☎ 5:30-21:00 (Apr.-Sep.), 6:00-21:00 (Oct.-Mar.) / 🚗 / +81-978-37-0001
- ② Rairaiken / ☎ 11:30-14:30, 18:00-21:00 / 🗓 Tuesdays / Budget: from ¥800 / +81-978-32-0556
- ③ Oita Prefectural Museum of History / ☎ 9:00-17:00 / 🗓 Mondays (when it falls on a national holiday, the following day is closed.) / Fee: ¥310 (210). University and high school students ¥160 (100), ※Bracketed are fees for a group of over 20 persons. / 🚗 / +81-978-37-2100
- ④ Tashibuno Sho / 🚗 / +81-978-22-3100 (Shoen no Sato Promotion Committee Office)

DAY 2

8:00
⑤ Fuki-ji Temple 富貴寺
 Fuki-ji Temple is the oldest wooden building in Kyushu, and is a National Treasure. Here, you can experience Zazen, or Zen meditation. This is a fundamental training of Zen Buddhism in which one tries to attain mental concentration while sitting up straight.

10:00
 ↓ 60 min.
⑥ Minemichi Long Trail in Kunisaki Peninsula 国東半島峯道ロングトレイル
 This is Kyushu's only trail that traces the path where monks practiced Rokugo Manzan Mineirigyo; a severe training method that is practiced once in every 10 years. Walk around the essential part of the trail to feel the nature and culture of Kunisaki Peninsula.

Accommodations in Kunisaki City



- ⑤ Fuki-ji Temple / Zazen Experience: 7:00~8:00 / up to 20 persons / approx. an hour / Fee: 18 years old and older ¥1,000, Under 18 years old ¥500(including admission) / 🚗 / +81-978-26-2668 (Ryoan Fukinotou)
- ⑥ Minemichi Long Trail in Kunisaki Peninsula / Must wear outfits and equipment suitable for trekking. / +81-978-72-5168 (Kunisaki City Tourism Association), +81-978-23-1860 (Bungotakada City Tourism Town Planning Co., Ltd.)

DAY 3

10:00
 ↓ 60 min.
⑦ Futago-ji Temple 両子寺
 Located on both sides of the stone steps that lead to the temple gate are two statues of *Nio*, or guardians of Buddhism. The view behind the statues is full of natural energy, and it is a spot where you can feel healing power.

11:35
 ↓ 35 min.
⑧ Kumano Magaibutsu 熊野磨崖仏
 Figures of Buddha sculpted in natural rocks and rock walls are referred to as *magaibutsu*. Here, you can find two figures of *magaibutsu* that are known to be the oldest and biggest in Japan. They look gentle, valiant, and stern, showing different expressions from different angles.

13:00
 ↓ 25 min.
⑨ Soba-Dokoro Hibiki Gourmet そば処 響
 Handmade soba noodles are a local specialty. The restaurant offers house-made noodles that they prepare from grinding the buckwheat produced in Bungotakada. The renovated, authentic Japanese house is also attractive.



- ⑦ Futago-ji Temple / Fee: ¥300 / Visit hours: 8:00-17:00 / 🚗 / +81-978-65-0253
- ⑧ Kumano Magaibutsu / ☎ 8:30-17:00, 8:30-16:30 (Nov.-Mar.) / 🗓 Open 7 days a week / Fee: High school students and older ¥300, Elementary-Junior high school students ¥150 / 🚗 / +81-978-26-2070
- ⑨ Soba-Dokoro Hibiki / ☎ 11:00-15:00, 18:00-20:30 / 🗓 Tuesday nights, Wednesdays / Fee: from ¥1,000 / +81-978-22-1066

Nearby Locations and Experiences

<p>Bungotakada City</p> <p>Showa-no-Machi 昭和の町 This 550m-long street replicates the shopping arcade during the Showa Period, which was approximately 60 years ago. Hop on the bonnet bus that was used back then to feel like you have slipped back in time! +81-978-23-1860 (Bungotakada City Tourism Town Planning Co., Ltd.)</p>	<p>Kunisaki City</p> <p>Shichitoui Zori Making 七島イ草鞋づくり Make your own <i>zori</i>, or traditional Japanese sandals with Shichitoui a material for tatami mats produced only in Kunisaki Peninsula. Fee: ¥4,000 Capacity: 15 persons ※Reservation required +81-977-85-8511 (Toyonokuni Millennium Heritage Tourism Zone)</p>	<p>Bungotakada City</p> <p>Maki-Odo 真木大堂 While it used to be the largest temple in Kunisaki area, the temple was burnt down due to a man-made calamity about 700 years ago. Today, it safely preserves 9 Buddha statues including the 16m-tall Amida statue in the storehouse. +81-978-26-2075</p>
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Globally Important Agricultural Heritage Systems (GIAHS) 世界農業遺産

The Globally Important Agricultural Heritage Systems (GIAHS) is a project to preserve and utilize globally important agriculture systems in which its agricultural methods, culture, and landscapes are unified. The Food and Agriculture Organization of the United Nations (FAO) is in charge of designating traditional agriculture that should be passed onto the next generation. The system of oak woods and multiple reservoirs in Tashibuno sho (see ④) located in Usa, Kunisaki Peninsula was designated by GIAHS in May 2013.

COMPLETE!

Time Travel to Japan's Past and Stroll Around a Castle Town Reminiscent of the Samurai Period

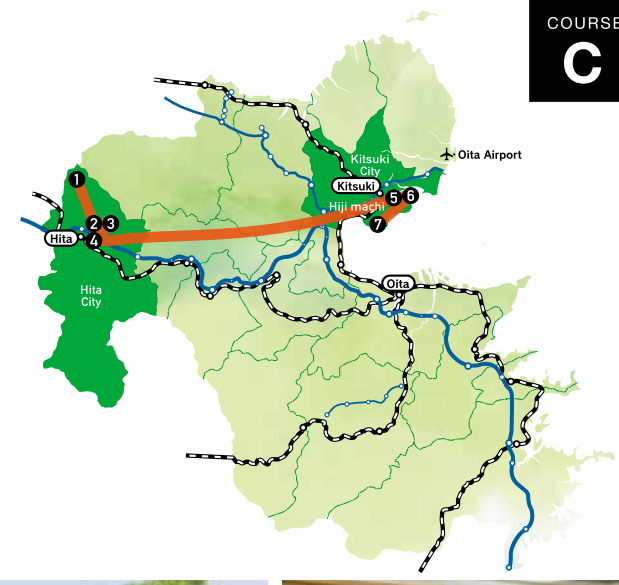
- Highlights**
- Stroll Around the Former Castle Town
 - Savor Dinner on the Boat in a Dreamy Atmosphere
 - Dress into a Kimono to Experience the Historic Townscapes and Japanese Culture

Best time of year

Spring	Summer	Autumn	Winter
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- Access to the Starting Point**
- Fukuoka International Airport : approx. 1 hour 15 min. by car
 - Hakata Station : approx. 2.5 hours by bus and taxi
 - Oita Airport : approx. 1 hour 50 min. by car
 - Oita Station : approx. 2.5 hours by JR and taxi
 - Kumamoto Station : approx. 2 hours by JR and taxi



START

DAY 1

- 10:00
1 Ontayaki no Sato
 小鹿田焼の里
- This is a village that preserves the 400-year-old techniques for Ontayaki pottery. The sound of the clay grinder pounding the soil was selected as one of the 100 Soundscapes of Japan.
- 11:20
 ↓ 20 min.
2 iichiko HITA Distillery
 いいちこ日田蒸留所
- See the production and storage of iichiko *shochu*. After taking a stroll in the greenery, stop by at the iichiko shop to taste some delicious iichiko *shochu*.
- 12:40
 ↓ 15 min.
3 Hitan Sushi ひたん寿司 **Gourmet**
- These colorful sushi are made from vegetables and fruits produced in Hita City. A popular local delicacy, they are beautiful to the eye and healthy for your body.
- 13:45
 ↓ 5 min.
4 Stroll Around Mamedamachi and Hita Gion Yamahoko Hall
 豆田町・日田祇園山鉾会館
- Take a walk around Mamedamachi, a town that is reminiscent of the old days when it prospered as the center of Kyushu. Visit Hita Gion Yamahoko Hall to feel the energy of Hita Gion Matsuri, a festival registered by UNESCO's Intangible Cultural Heritage.
- 15:55
 ↓ 10 min.
Ryokans in Hita City (Houseboat Experience)
- Enjoy your dinner on a houseboat floating on the calm river. The dreamy surreal view of many houseboats floating on the river is also attractive.



- 1 Simple and Hearty Onta-yaki Pottery / ☎ +81-973-29-2020 (Onta Pottery Museum)
- 2 iichiko Hita Distillery / ☎ 10:00-16:00 / 🗓 Tuesdays (open on national holidays) and during Bon holidays / Fee: Free of charge / ☎ +81-973-25-5600
- 3 Hitan Sushi / Fee: from ¥1500 / +81-973-22-2036 (Hita City Tourism Association)
- 4 Hita Gion Yamahoko Hall / ☎ 9:00-17:00 / 🗓 Wednesdays (if it falls on a national holiday, following day is closed) / Fee: ¥320, High school students and younger ¥220 / ☎ +81-973-24-6453

Hita City

Yakatabune 屋形船

A riverboat with a roof and tatami-matted cabin is referred to as *yakatabune*. Up to 50 people can go on board to enjoy meals and karaoke. With a history of over 200 years, this boat ride used to be an elegant socializing event for the aristocrats. The reflection on the water of lanterns hung on the boat is extremely beautiful and is a perfect photo opportunity. Experience an elegant Japanese culture in a tatami room on water!
 Boat ride fee(excluding meals): a charter of a 17-passenger-boat starts at ¥28,600, shared boat ¥3,300 per person / +81-973-22-2062 (Hita Onsen Ryokan Association)

DAY 2

- 10:15
 ↓ 1 hour and 15 min.
5 Stroll Around the Castle Town in a Kimono
- Dress into a kimono and walk around the Kitsuki castle town, which was designated as a historical townscape that provides a perfect setting for kimono. Visitors can also experience tea ceremony at a quaint teahouse.
- 12:00
 ↓ 10 min.
6 Wakaeya 若栄屋 Gourmet
- This long-established, 300-year-old restaurant serves *tai-chazuke*, a dish that was loved by feudal lords. A delicious local specialty, the rice is topped with sesame sauce and fresh sea beam and poured with Kitsuki tea.
- 13:30
 ↓ 20 min.
7 Hiji Castle Remains, Tekizanso
 日出城址・的山荘
- The remains of the castle offer an incredible view of the Beppu Bay. After viewing the scenery unchanged since the time of the samurai, stop by at Tekizanso for a tea break. Here, you can enjoy a tea set in a gorgeous, modern Japanese house.



- 5-B Warakuan / ☎ 10:00-16:00 / 🗓 December 29 to January 3 / Fee: Kimono rental & dressing assistance ¥3,000 / +81-978-63-1210
- 6 Wakaeya / ☎ 11:00-15:00 / 🗓 December 31 and January 1 / Fee: from ¥2,000 / Capacity: 200 persons / ☎ +81-978-63-5555
- 7 Tekizanso / ☎ 11:30-14:00 / 🗓 Mondays (open on national holidays) / Fee: from ¥770 / Capacity: 50 persons / +81-977-72-2321

COMPLETE!

Nearby Locations and Gourmet

<p>Hita City</p> <p>Kunchou Brewery クンチョウ酒造</p> <p>A rare, 300-year-old sake storehouse is preserved at this sake brewery. After you have learned about Japanese sake at museum, you can taste and purchase their sake. +81-973-23-6262</p>	<p>Hita City</p> <p>Hita Geta 日下駄</p> <p>Geta are traditional Japanese wooden sandals that are usually worn with kimono. Here in Hita, geta have been made from Japanese cedar. In recent years, fashionable geta that can be worn with modern clothes are becoming popular.</p>	<p>Kitsuki City</p> <p>Kitsuki Castle 杵築城</p> <p>Kitsuki Castle boasts a breathtaking view of the ocean from its castle keep. Try on a real armor and helmet to take a samurai selfie! Fee: High school students and older ¥400 (320), Elementary - Junior high school students ¥200 (160) ※Bracketed are fees for a group of over 30 persons. / +81-978-62-4532</p>	<p>Hijimachi</p> <p>Shiroshita Karei 城下カレイ</p> <p>Shiroshita Karei, or flounder fish, is known for its sweet taste and chewy texture and can only be harvested in Hijimachi. When prepared in sashimi, it is beautifully transparent. It is such a luxurious food that the fish used to be presented to the Shogun.</p>
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Experience Oita's Traditional Food Culture

Highlights

- Cook with Koji, Japan's Traditional Seasoning
- Spend a Night on the Farm to Enjoy Local Cuisine with Residents
- Make Locals' Favorite Traditional Sweets

Best time of year	Spring	Summer	Autumn	Winter
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START

DAY 1

- 10:00
1 Koji Cooking Experience at Kojiya Honten 糀屋本店
 Shio-Koji is a fermented seasoning used as a replacement for salt. Enhance the deliciousness of your cooking by simply rubbing it into fish, meat, and vegetable to bring out the flavor of the ingredient. Experience this easy and delicious cooking method!
- ↓ 10 min.
 12:00
2 Nishiki Zushi (Saiki Sushi) **Gourmet**
 錦寿司 (佐伯寿司)
 This sushi is made from fish caught in local waters. The large slices of fish on the rice are firm and have just the right amount of fat. Indulge in the gifts of the sea.
- ↓ 35 min.
 13:45
3 Furen Limestone Cavern 風連鍾乳洞
 This limestone cave is said to be Japan's most beautiful natural monuments. The color of the inside is almost pure white and shines beautifully. Step into the cave to see an unearthly scenery made of well-balanced, beautifully shaped limestone.
- ↓ 15 min.
 15:00
4 Stay at a Farmhouse **Gourmet**
 Spend a night at a farmhouse to interact with locals by harvesting and cooking vegetables with them. It offers you a rare opportunity to experience the day-to-day rural life of Japan.



- 1 Kojiya Honten Koji Cooking / ☎9:00-17:00, Sundays and Mondays 12:00~15:00 / Fee: ¥3,000 / Capacity: 10-30 persons / +81-972-22-0761
- 2 Nishiki Zushi / ☎11:00-14:00, 16:00-20:30 / Wednesdays / Fee: from ¥1,200 / Capacity: 52 persons / 🚗 / +81-972-23-7632
- 3 Furen Limestone Cavern / ☎9:00-17:00, 9:00-16:00 (Nov.-Feb.) / 🗄️ Open 7 days a week / Fee: ¥1,000, 13-15 years old ¥700, 7-12 years old ¥550 / 🚗 / +81-974-32-2547
- 4 Farm Homestay / Fee: 13 years old and older ¥9,800 per night with 2 meals, 3-12 years old ¥6,800 (when accompanied by an adult. Children are charged ¥9,800 when staying alone.) / +81-974-32-7181 (Kitchom san Village Green Tourism Society)

Nearby Locations and Gourmet



Saiki City
Saiki Gomadashi Udon
 佐伯ごまだしうどん

Served with a special gomadashi soup made from minced grilled fish, plenty of sesame, and soy sauce, this udon is truly unique to Saiki.



Taketa City
Shiramizu Waterfalls
 白水の滝

With several waterfalls in different sizes, it is a popular spot as a summer retreat and fall color watching. You can also enjoy the landscapes from the trail on the way to the falls.
 +81-974-68-2210 (Hinatame-no-sato)



Bungoono City
Hamashima Shuzo Brewery
 浜嶋酒蔵

Since its establishment in 1889, this brewery has been producing entirely handmade sake. The 100-year-old main house was converted to a café that serves a sake tasting set and Swiss rolls made from sake lees.
 +81-974-42-2216



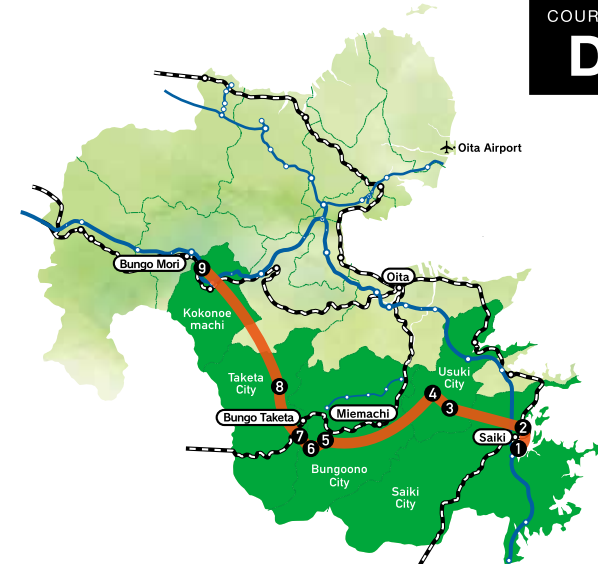
Kokonoemachi
Hacchobaru Electric Power Plant
 八丁原地熱発電所

This is the largest geothermal plant in Japan that uses steam from the underground to generate electricity. Here, you can learn about the environmentally-friendly electricity generating system that uses the nature's gift. / +81-973-79-2853

Route	Saiki City	Usuki City	Bungoono City	Taketa City	Kokonoemachi
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Access to the Starting Point

- Fukuoka International Airport : approx. 2 hours 40 min. by car
- Hakata Station : approx. 3 hours 40 min. by JR and taxi
- Oita Airport : approx. 1.5 hours by car
- Oita Station : approx. 1 hour 10 min. by JR and taxi
- Miyazaki Airport : approx. 2 hours 15 min. by car



DAY 2

- 10:00
 ↓ 🚗 40 min.
5 Harajiri Waterfall
 原尻の滝
 In the middle of a pastoral plain field, this bow-shaped waterfall appears suddenly. With its large width of falling water, it is also referred to as the Niagara Falls of the East.
- ↓ 15 min.
 11:15
6 Japanese Sweets Making, Mikasano, at Tajimaya-Roho
 但馬屋老舗
 Experience baking Mikasano, a traditional sweet from Tajimaya-Roho, which is the oldest sweets shop in Oita. This dessert is the best when freshly baked.
- ↓ 5 min.
 12:20
7 Okyakuyashiki Gesshourou **Gourmet**
 旧岡藩 御客屋敷 月鐘楼
 Originally a guesthouse for visitors, this building was reconstructed about 200 years ago and is now used as a restaurant. Taste the local dishes while you looking at the historical gate and beautiful garden.
- ↓ 30 min.
 13:50
8 Kuju Hana Koen
 くじゅう花公園
 At this vast park of approximately 20ha, visitors can enjoy colorful flowers of the season. From tulips in the spring to lavenders in the summer, many flowers bloom to make you feel as if you were in a picture.
- ↓ 60 min.
 15:50
9 Brewery Tour at Yatsushika Shuzo
 八鹿酒造
 In addition to sake and shochu, this brewery produces many kinds of liquor, such as a liqueur of kabosu; a citrus fruit from Oita.



- 5 Harajiri Waterfall / 🚗 / +81-974-42-4140 (Harajiri Waterfall Roadside Market)
- 6 Japanese Sweets Making and Matcha Tasting at Tajimaya-Roho / Required Time: 30 minutes to 1 hour between 10:00-15:00 (Ends at 16:30 / 🗄️ January 1, Several Days a Year / Fee: ¥2,300 (with matcha) / Capacity: 4 to 6 persons. ※Must make reservation 10 days in advance. / +81-974-63-1811
- 7 Okyakuyashiki Gesshourou / ☎11:00-17:00 / 🗄️ Mondays and Tuesdays / Fee: from ¥500 / Capacity: 45 persons / +81-974-63-0897
- 8 Kuju Hana Koen / ☎8:30-17:30 / 🗄️ December through end of February / Fee: 16 years old and older ¥1,300(800), 5-15 years old ¥500(300). ※Bracketed are fees for a group of over 15 persons. / 🚗 / +81-974-76-1422
- 9 Yatsushika Shuzo / ☎ (Tour) 9:00-16:00 / 🗄️ The year-end and New Year holidays, Might be closed during events in January and April / Fee: Factory tour is free ※Reservation required / 🚗 / +81-973-76-2888

COMPLETE!



Yuzu Goshu
 柚子胡椒

This seasoning that originates in Oita is made of chili pepper, salt, and yuzu; a Japanese citrus fruit. The refreshing flavor of yuzu and the spiciness of chili pepper are well matched, and it can be used as a seasoning or secret ingredient for various cooking. Make sure to try it if you see it at a restaurant in Oita.

Relaxing and Cooling Experiences by the Waterside

Highlights

- Visit One of the Largest Underwater Limestone Cave in Japan
- Tour around Cooling Spots Created by the Power of Nature
- Relish the Gifts of Nature Nurtured by Abundant Water

Best time of year	Spring	Summer	Autumn	Winter
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START

DAY 1

10:00
① Inazumi Underwater Limestone Cavern
 稲積水中鍾乳洞
 This limestone cavern sunk underwater by the eruption of Mt. Aso and is one of the rarest in the world. Experience the fantastical world that glows in blue.

11:20 ↓ 20 min.
② Kiyokawa Roadside Market **Gourmet**
 道の駅きよかわ
 From the buffet serving local vegetable dishes, handmade *soba* noodles, to healthy tofu dishes, this roadside market offers many unique cruising. Don't forget to try deserts made from Clean Peaches.

12:40 ↓ 15 min.
③ Chinda Waterfalls
 沈墮の滝
 These waterfalls are renowned for being drawn by Sesshu, the ink wash painter from the 1400's. A power plant was built downstream in 1909, and the dam is visible directly above the waterfalls.

14:20 ↓ 60 min.
④ Walk around Oita City
 Explore the urban area of Oita City. Soak in an open-air bath that overlooks the city at City Spa Tenku, and see some artwork at Oita Prefectural Art Museum and Oita Art Museum.

17:20 ↓
⑤ Accommodations **Gourmet**
in Oita City (Seki Aji, Seki Saba)
 Spend a night in Oita City and enjoy fresh Seki Aji (horse mackerel) and Seki Saba (mackerel), which are nationally-popular Oita's specialty.



- ① Inazumi Underwater Limestone Cavern / 9:00-17:00 / Open 7 days a week / Fee: ¥1,300 (1,200), Junior and senior high school students, University students ¥1,000 (900), 4-12 years old ¥700 (600), ※Bracketed are fees for a group of 20-80 persons. / +81-974-26-2468
- ② Kiyokawa Roadside Market / Restaurant 10:30-21:00 / Fee: Starts at ¥1,000 - / Open 7 days a week / +81-974-35-2117
- ③ Chinda Waterfalls / +81-974-35-3601 (BUNGO-ONO Association for Rural Tourism)
- ④ City Spa Tenku (in JR Oita City) / 11:00-24:00 / No regular holidays / Fee: 13 years old and older ¥1,500, 3-12 years old ¥900 / +81-97-513-2641
- ⑤ Enjoy Seki Aji (horse mackerel) and Seki Saba (mackerel) in various ways, such as sashimi.

Nearby Locations



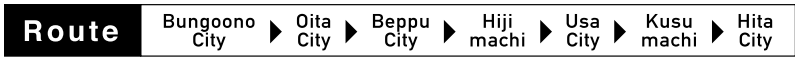
Ajimu Budoshu Kobo Winery
 安心院葡萄酒工房
 Wine is referred to as *budoshu* in Japanese. This winery uses the finest grapes grown in the foggy basin of Ajimu. Visitors can taste and purchase their wines here. / +81-978-34-2210



Higashi Shiiya Waterfall
 東椎屋の滝
 See the dynamic view of water falling straight down from the 85-meter cliff. You will be surprised to see this magnificent and beautiful waterfall after a serene walk along the trail. / +81-978-34-4839 (Usa City Tourism Association, Ajimu Branch)

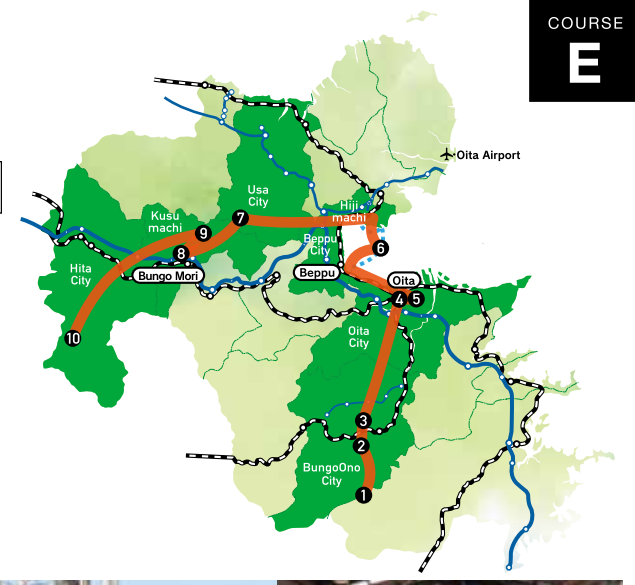


AUTO POLIS
 オートポリス
 Enjoy the powerful races at Kyushu's only racing course. Admission: ¥500, children under 15 are free. *The admission varies according to the event. / +81-973-55-1111



Access to the Starting Point

- Fukuoka International Airport : approx. 3 hours by car
- Hakata Station : approx. 3 hours 50 min. by JR and taxi
- Oita Airport : approx. 1 hour 50 min. by car
- Oita Station : approx. 1 hour 5 min. by JR and taxi
- Miyazaki Airport : approx. 2 hours 40 min. by car
- Nobeoka Station : approx. 3.5 hours by JR and taxi



DAY 2

07:00
⑥ Beppu Bay Cruise, Fukae Morning Market
 別府湾クルーズ・深江朝市
 Take an early-morning cruise from Beppu Bay to enjoy the beautiful view of the bay from the boat. Stop by at the morning market in Fukae to experience the local life and have a Japanese fishermen's breakfast.

10:00 ↓ 60 min.
⑦ Takkiri Valley
 岳切渓谷
 The clear waters flow on a nearly 2km-long monolith. In the summer time, many people come here to cool off by walking barefoot in the stream.

11:35 ↓ 35 min.
⑧ Dowa no Sato Kusu Roadside Market **Gourmet**
 道の駅 童話の里くす
 This market offers various hearty meals made of Oita beef and local produce. Seasonal soft-serve ice cream is also recommended.

12:45 ↓ 15 min.
⑨ Shimizu Bakuen Waterfalls
 清水瀑園
 Spring water from the forest creates many waterfalls here. Moss-covered rocks and the sound of the waterfalls will bring calmness to your mind.

15:00 ↓ 1 hour 15 min.
⑩ Taio Kinzan
 鯛生金山
 In 1918, a British man named Hunter started a major mining here. See the largest gold mine in Asia that flourished internationally with many guests from all over the world.



- ⑥ Beppu Bay Cruise / Meeting place & time: Beppu Kusunoki Port, 6:50 / Fee: ¥3,500 / Capacity: up to a group of 36 passengers / +81-977-72-4255 (Hijimachi Tourism Association)
- ⑦ Takkiri Valley / From First Sunday of July through August 31 / Fee: 13 years old and older ¥200, 7-12 years old ¥100, children under 6 are free / ※Reservation required / +81-978-42-5111 (Usa City Industrial Construction Division, Innai Branch)
- ⑧ Dowa no Sato Kusu Roadside Market / Local produce restaurant: 10:00-17:00 (Last call 16:30) / The year-end and New Year holidays / Fee: from ¥550 / +81-973-72-5535
- ⑨ Shimizu Bakuen Waterfalls / Fee: Free / +81-973-72-7153 (Kusumachi Commerce and Tourism Promotion Division)
- ⑩ Taio Kinzan / 9:00-17:00, 10:00-16:30 (Dec.-Feb.) / Tuesdays from December to February / Fee: 19 years old and older ¥1,100 (1,000), 13-18 years old ¥880 (800), 7-12 years old ¥550 (500), Gold-panning: ¥680 (630) for 30 min. ※Bracketed is the fee for a group of 20-99 persons. / +81-973-56-5316

COMPLETE!

Try Canyoning at the Beautiful Canyons!



Fujigawachi Canyon
 藤河内渓谷
 Enjoy a thrilling ride by sliding and jumping over the water that flows on a massive flat rock. Fee: ¥8,000 for 13 years old and older, ¥4,000 for children from 10-12 years old / Time duration: approx. 5 hours / Capacity: 1-50 persons / Operating season: from June through the end of October. +81-972-23-1101 (Saiki City Tourism Association)

Visit Oita's Abundant Nature and Breathtaking Landscapes

Highlights

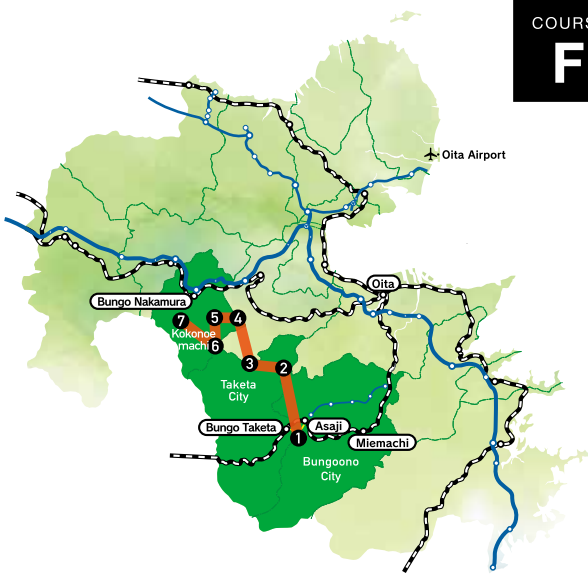
- Enjoy the History and Nature of Bungoono through the Trekking Course
- Walk through the Nature of Kuju Kogen Plateau Preserved by the Locals
- Soak in a Refreshing Onsen After a Workout

Best time of year	Spring	Summer	Autumn	Winter
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Route	Bungoono City	Taketa City	Kokonoe machi
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Access to the Starting Point

- Fukuoka International Airport : approx. 2 hours 20 min. by car
- Hakata Station : approx. 3.5 hours by JR
- Oita Airport : approx. 1 hour 40 min. by car
- Oita Station : approx. 1 hour 15 min. by JR
- Miyazaki Airport : approx. 2 hours 50 min. by car



START

10:00
1 Kyushu Olle 'Okubungo Course'
 (see the column on p16)
 九州オルレ 奥豊後コース

Feel the nature while walking down the Olle Trekking Course at your own pace. The 11.8km course visits historic sites of the mountain villages.

Course

Yujaku Park 用作公園
Renowned to be the perfect spot for autumn leaves.

↓

Fuko-ji Temple 普光寺
The temple has one of Japan's largest *magaibutsu*, or Buddha sculptures on rock walls.

↓

Oka Castle Ruins 岡城跡
See the remains of Oka Castle on the top of the steep mountain.

↓

Around JR Bungo-Taketa Station JR豊後竹田駅付近
With samurai residents lined at the Rekishi no Michi, which literally means history lanes, the area preserves the townscape of the old castle town.

16:00 ↓ 30 min.
2 Nagayu Onsen
 長湯温泉

A popular spa where visitors can experience a rare, carbonated onsen. The temperature is relatively low and easy to soak in. carbonated onsen is recommended for its ability to keep you warm after the bath.

DAY 1



- 1-A Oka Castle Ruins / 9:00-17:00 / Open 7 days a week / Fee: ¥300 (200), 7-15 years old ¥150 (100) ※Bracketed are fees for a group of over 20 persons
- 1-C Fuko-ji Temple / +81-974-35-3601 (BUNGO-ONO Association for Rural Tourism)
- 2 Gozen yu, a public bath at Nagayu Onsen / 6:00-21:00 / Third Wednesday of the month / Fee: ¥500, 6-12 years old ¥200, children under 5 are free / +81-974-64-1400

Nearby Locations

<p>Chikuraku 竹楽 Held every November, this festival creates a mystic atmosphere by lighting up by bamboo lanterns. At this time of the year, several other bamboo lantern events are held across Oita prefecture. +81-974-63-0585 (Taketa City Tourism Association)</p>	<p>Ramune Onsenkan ラムネ温泉館 This facility is located in Nagayu Onsen, which is famous for its carbonated water. Feel the relaxing sensation of silver bubbles tickling your skin. +81-974-75-2620</p>	<p>National Park Kokonoe Yamanami Farm 国立公園 九重 やまなみ牧場 Try fresh cow's milk and soft-serve ice cream made from our cows on the farm. Visitors can also feed the animals or soak in an onsen nearby. / +81-973-73-0080</p>	<p>Kyusuikei 九酔溪 The 2km tall, steep cliffs on both sides of the river offer a dynamic scenery. Especially beautiful during autumn, many people visit to see the autumn leaves. / +81-973-76-3150</p>
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DAY 2

09:30 ↓ 20 min.
3 Fair Walk Kuju Plateau, Adventures through the Wind
 フェアウォークク住高原「風の旅」

The guide will take you for a walk on Kuju's wide-open and scenic grassy plain. Explore and enjoy the sceneries that are only accessible by walking.

12:15 ↓ 45 min.
4 Bebenko Farmhouse Restaurant
 農家レストラン ベベンこ **Gourmet**

A restaurant that offers dishes with Oita's finest beef, Bungo Beef. Order a steak or a *domburi*, which is a bowl of rice topped with beef, to enjoy the mild flavor that will melt in your mouth.

13:25 ↓ 10 min.
5 Kokonoe "Yume" Grand Suspension Bridge
 九重「夢」大吊橋

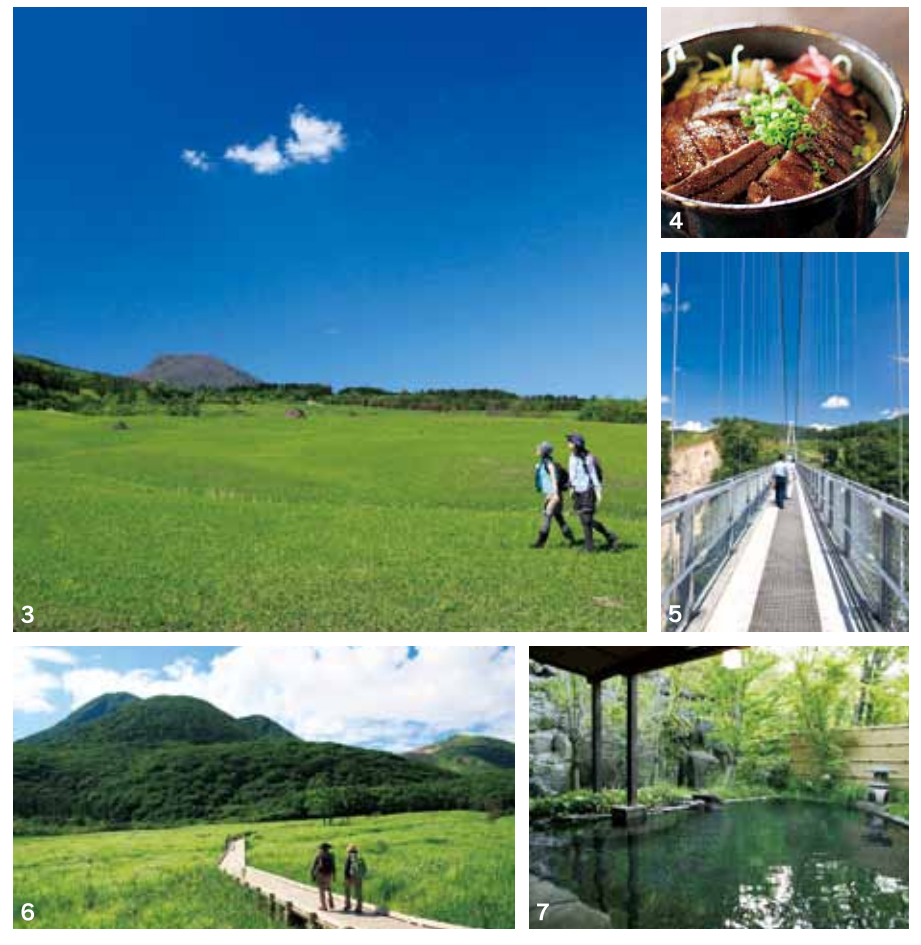
Walk over the thrilling suspension bridge awhile enjoying the breathtaking landscape! See Course A on p05.

14:35 ↓ 10 min.
6 Tadewara Marshland
 タデ原湿原

Registered under the Ramsar Convention, visitors can walk along the boardwalks over the marshland to see rare plants and animals in close range.

16:00 ↓ 25 min.
7 Housenji Onsen
 宝泉寺温泉

A hot spring town located amidst the rich nature. The area is also known to be a perfect spot for fireflies in summer.



- 3 Fair Walk Kuju Plateau, Adventures through the Wind / Meeting place & time: Guernsey Farm at 9:30 (conducted on weekends and national holidays) / Fee: 16 years old and older ¥2,000, 7-15 years old ¥1,000 / Capacity: from 2 persons / ※Reservation required / +81-974-63-0585 (Taketa City Tourism Association)
- 4 Bebenko Farmhouse Restaurant / 10:00-17:00 (Last call: 16:30) / No regular holidays / Fee: from ¥1,500 / Capacity: 84 persons / +81-973-79-3110
- 5 Kokonoe "Yume" Grand Suspension Bridge / 8:30-17:00, 8:30-18:00 (Jul.-Oct.) / Open 7 days a week / Fee: Junior high school students and older ¥500, Elementary school students ¥200, discount will be applied to a group of over 30 persons / +81-973-73-3800
- 6 Tadewara Marshland / +81-973-79-2154 (Chojabaru Visitor Center)
- 7 Housenji Onsen / The photo shows the outdoor bath of Yumotoya ryokan inn. / +81-973-73-5505 (Kokonoe-machi Tourism Association)

COMPLETE!

Kyushu Olle-Enjoy the Seasonal, Beautiful Landscapes by Trekking

Kyushu Olle is Kyushu's take of the popular trekking course in Cheju Island, Korea. Walk through the natural landscapes of Kyushu at your own pace. While you're at it, try walking through the Saiki Onyujima-island Course (left photo: Onyujima-island / 10.5km) and Okubungo Course (right photo: Oka Castle Ruins/11.8km) as well. / [Saiki Onyujima-island Course] +81-972-22-3942 (Saiki Tourism Division) [Okubungo Course] +81-974-63-0585 (NPO Taketa City Tourism Association), +81-974-72-0510 (Bungo Ono Association for Rural Tourism, Asaji Station Tourist Information Center)



Bike Trips to Scenic Landscapes

Highlights

- Experience the Mountain's History and Nature on this Course
- Take the Ferry to the Island for a Leisurely Bike Ride Along the Beach
- Visit the Art Museum that Portrays Kunisaki Peninsula's Seasons in Digital Art

Best time of year	Spring	Summer	Autumn	Winter
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START

10:00 ① Hitome Hakkei 一目八景

Located in the center of Shinyabakei, visitors can see breathtaking natural landscapes throughout the year from a single location. Visit during the autumn as the leaves change colors for a great photo opportunity!

11:20 ↓ 20 min.

② Cycling Trip (Yabakei Cycling Terminal - Aono Domon) 耶馬溪サイクリングターミナル~青の洞門

Rent a bicycle to experience 11km-course to Aono Domon, which is a tunnel that a priest dug out by hand. Enjoy the great views on this easy-to-ride cycling course that follows an old rail tracks.

12:50 ↓ 15 min. ③ Domon Patio Gourmet 洞門パティオ

This restaurant prepares their meal using local produce. Being a buffet style restaurant, you can fill your plate with your favorite dishes. Try the fried chickens with yuzu gosho, or yuzu pepper.

14:15 ↓ 15 min. ④ Rakan-ji Temple 羅漢寺

The main shrine is embedded in monstrous rocks. On the premise, there is a cave that holds more than 500 stone Buddha statues with various unique expressions, offering a magnificent scene.

15:45 ↓ 30 min. Accommodations in Nakatsu City

DAY 1



- ① The view from Hitome Hakkei Observatory / 電車 / +81-979-54-3111 (Administration Division, Yabakei Branch)
- ② Maple Yaba Cycling Road: Yabakei Cycling Terminal / ⑧8:30-17:00, 8:30-19:00 (May-Sep.) / ⑨ Wednesdays (Tuesdays and Wednesdays from Dec. through Feb.) / Fee: (Free time) 19 years old and older ¥500 / (bicycle rental for 3 hours) 19 years old and older ¥400, Under 19 years old ¥200, Leaving the bicycle will cost you an additional ¥500. / +81-979-54-2700
- ③ Domon Patio / ⑩11:00-16:00 / ⑪2 days a month / Fee: (buffet style) 13 years old and older ¥1,320, 65 years old and older ¥1,180, 7-12 years old ¥870, 4 years old and older ¥430, children under 3 are free, Free refill ¥160 / Capacity: 82 persons / ⑫ / +81-979-52-2250
- ④ Rakan-ji Temple / ⑬ (Open to public) 9:00-17:00, 8:30-17:00 (Oct. Nov.) ※Subject to change due to weathers / ⑭ Open 7 days a week / Fee: Entrance Fee: Free (Admission for the Japanese garden is ¥300). Lift-ride to Rakan-ji Station: Junior high school students and older ¥600 (540) for one-way, ¥800 (720) for round-trip, Elementary school students ¥300 (270) for one-way and ¥400 (360) for round-trip ※Bracketed are fees for a group of over 20 persons. / ⑮ / +81-979-52-2538

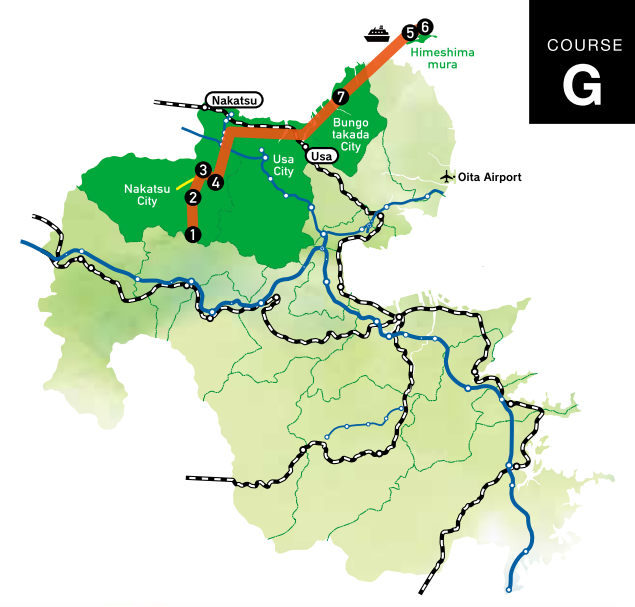
Nearby Locations

<p>Nakatsu City Yabakei 耶馬溪</p> <p>Visited by many tourists during autumn, the narrow canyon with rock walls and stone pillars aligned offers a magnificent view. Japan's only eight arched stone bridge, Yabakei Bridge, is also a must-see. +81-979-64-6565 (Nakatsu Yabakei Tourism Association)</p>	<p>Nakatsu City Nakatsu Castle of the Okudaira (hereditary vassals of the Tokugawa) 中津城(奥平家歴史資料館)</p> <p>The castle is listed as one of the Three Water Castles of Japan. Fee: 16 years old and older ¥400(300), 15 years old and younger ¥200(150) ※Bracketed are fees for a group of over 20 persons. +81-979-22-3651</p>	<p>Himeshimamura Himeshima Kitsune Odori (Fox Dance) 姫島キツネ踊り</p> <p>A festival unique to Himeshima Island that is held annually on August 14th and 15th, children disguise as foxes to perform a traditional dance. +81-978-87-2111 (Himeshimamura Village Office)</p>
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Route	Nakatsu City	Himeshimamura	Bungotakada City	Usa City
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Access to the Starting Point

- Fukuoka International Airport : approx. 1 hour 25 min. by car
- Hakata Station : approx. 2 hours by JR and taxi
- Oita Airport : approx. 1 hour 20 min. by car
- Oita Station : approx. 1 hour 45 min. by JR and taxi
- Kumamoto Station : approx. 2 hours 10 min. by JR and taxi



DAY 2

↓ 1 hour and 15 min.

09:50 Take a ferry from Imi Port

↓ 20 min.

⑤ Cycling on Himeshima Island

Designated as one of Japan's Geo Parks, Himeshima Island is known to be a resting spot for migrating butterflies. The smooth course offers an easy bike ride and allows you to feel the ambience of the island by biking along the beaches or getting lost in the alleys of the tow.

12:40 ↓ 15 min. ⑥ Prawn Gourmet 車えび

This prawn is nationally renowned for its fine quality and taste. From raw to deep-fried, there are so many ways to enjoy it!

↓ 20 min. / ↓ 25 min.

15:00 ⑦ teamLab Gallery Matama Beach チームラボギャラリー-真玉海岸

This is a digital art gallery that exhibits the seasonal transitions of Kunisaki Peninsula's flowers. The flowers will bloom or wither according to the viewer's distance from the image. Experience this fantastical world using Japan's state of the art technology.

16:50 ↓ 50 min. Accommodations in Usa City



COMPLETE!

- ⑤ Himeshima Rental Bicycle (available at several souvenir shops throughout the island) / Fee: ¥200 for the first hour, ¥100 per hour afterwards. / +81-978-87-2111 (Himeshimamura Village Office)
- ⑥ Himeshima Prawns are available at various restaurants on the island. / +81-978-87-2111(Himeshimamura Village Office)
- ⑦ teamLab Gallery Matama Beach / ⑯13:00-19:00 / ⑰ Holidays change according to season. / Fee: ¥400 (320), Elementary school through university students ¥250 (200), Free for Preschool children ※Bracketed are fees for a group of over 20 persons. / ⑱ / +81-978-23-1860 (Bungotakada City Tourism Town Planning Co., Ltd.)

Camping is a Perfect Option for Those who like the Outdoors!

<p>Nakatsu City BarunBarun no Mori バルンバルンの森</p> <p>With tree houses and tree terraces, this is an exciting campground in the forest. Stop by during daytime to visit the restaurant. In addition to a campsite, 9 cabins are available. +81-979-52-3020</p>	<p>Himeshimamura Himeshimamura Campground 姫島村キャンプ場</p> <p>This campground is located on the beach that is said to be the most scenic in Himeshimamura. You can enjoy BBQ and bathing on the beach. Log houses and tent sites are available. +81-978-87-2111 (Himeshimamura Village Office)</p>	<p>Bungotakada City Nagakibana Resort Campground 長崎鼻リゾートキャンプ場</p> <p>This campground is located at the tip of a cape which is filled with sunflowers throughout the summer. Artworks by Yoko Ono are displayed on the premise. Cabins, log houses, and tent sites are available. / +81-978-54-2237</p>
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Interact with Animals – Enjoyable for the Family

Highlights

- Interact with Dolphins through Various Programs
- Observe Wildlife at Close Range in the Vast Park
- Get on the Large Gondola to Enjoy the Panoramic View

Best time of year	Spring	Summer	Autumn	Winter
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START

DAY 1

10:00 ① Tsukumi Dolphin Island つくみイルカ島

This is an ocean resort where you can play with dolphins. The resort is home to many dolphins and you can see their performances, feed them, and swim with them.

↓ 15 min.

11:45 ② Hamachaya's Hyuga don and Tuna Steak 浜茶屋 **Gourmet**

Tsukumi City boasts one of the largest tuna harvest in Japan. Try the traditional *hyuga don*, a bowl of rice topped with sesame-sauce-marinated raw tuna, or the juicy and thick tuna steak.

↓ 30 min.

13:15 ③ Usuki Stone Buddha 臼杵石仏

Listed as a national treasure, Usuki Stone Buddha is a series of over 60 figures of Buddha sculpted on the rocks. They offer an awe-inspiring view that withstood the test of time.

↓

14:15 ④ Usuki Senbei Making at Goto Seika 後藤製菓

Usuki Senbei is a biscuit-like snack made from flour and ginger. At this long-established confectioner, you can see the creation process of the *senbei* and even make your own.

↓ 20 min.

15:35 ⑤ Accommodations in Usuki City (Blowfish) **Gourmet**

Have a taste of *fugu*, or blowfish, as you stay in a *ryokan* inn in Usuki. This expensive ingredient can be eaten raw or fried.



- ① Tsukumi Dolphin Island / ☉10:00-16:00 (Extended business hours depending on season.) / 🗄️ from mid Jan. to mid Feb. / Fee: 16 years old and older ¥1,000 (900), 7-12 years old ¥600(550), 4-6 years old ¥500 (450) ※Bracketed are fees for a group of over 20 persons. / 🚗 / +81-972-85-3020
- ② Hamachaya / ☉11:00-15:00, 17:00-21:30 / 🗄️ Mondays / Fee: from ¥800 / Capacity: 100 persons / 🚗 / +81-972-82-8302
- ③ Usuki Stone Buddha / ☉6:00-19:00, 6:00-18:00 (Oct.-Mar.) / 🗄️ Open 7 days a week / Fee: 16 years old and older ¥550 (440), 7-15 years old ¥270 (220) ※Bracketed are fees for a group of over 30 persons. / 🚗 / +81-972-65-3300
- ④ Goto Seika / ☉(Tour) 9:00-15:00 (not conducted on weekends and national holidays), (Experience) Please ask in advance / 🗄️ Open 7 days a week / Fee: (Tour) free, (Experience) ¥500 per person ※Reservation required for experience. / 🚗 / +81-972-65-3555
- ⑤ Usuki Fugu Sashimi-This blowfish is delicious to eat and beautiful to the eye.

Oita City



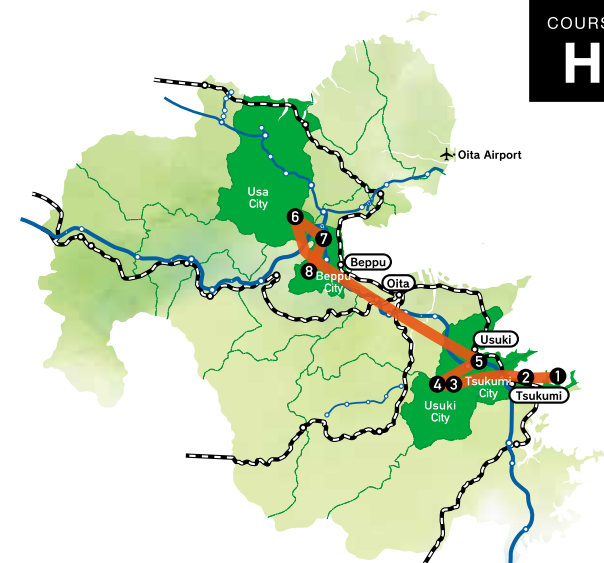
Oita Marine Palace Aquarium, Umitamago 大分マリンパレス水族館「うみたまご」

Umitamago features many different attractions, such as a gigantic aquarium, the Art Corner that artistically exhibits the beauty of marine life, and spectacular shows of dolphins and sea otters. At the white Aso Beach on premise, you can get close to the animals living in an environment that resembles their natural habitat, offering an unforgettable experience for children. Across the aquarium is Takasakiyama Natural Zoological Garden (P06 / Course A). Fee: 16 years old and older ¥2,200 (2,000), 7-15 years old ¥1,100 (1,000), 4-6 years old ¥700 (650). ※Bracketed are fees for a group of over 20 persons. / +81-97-534-1010

Route	Tsukumi City	Usuki City	Usa City	Beppu City
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Access to the Starting Point

- Fukuoka International Airport : approx. 2.5 hours by car
- Hakata Station : approx. 3 hours 45 min. by JR and taxi
- Oita Airport : approx. 1 hour 40 min. by car
- Oita Station : approx. 1 hour 20 min. by JR and taxi
- Miyazaki Airport : approx. 2 hours 40 min. by car



DAY 2

10:00 ⑥ African Safari アフリカンサファリ

The Safari Park is home to many animals, such as lions, tigers, elephants, and giraffes. Hop on the animal-shaped Jungle Bus and observe them face to face as you feed them by hand. Children love this experience!

↓ 30 min.

12:15 ⑦ Myoban Yuno-Sato **Gourmet** 明礬湯の里

Since the Edo Period, the factory has been producing *yunohana*, a natural bath salt made from the fumes from the hot springs. You can see its making process here. Try some local delicacies such as *toriten* at the restaurant.

↓ 15 min.

14:00 ⑧ Beppu Ropeway 別府ロープウェイ

The scenery seen from atop Tsurumi Sanjo Station, 1,300m above sea level, was chosen as one of Japan's 31 Most Beautiful Places by CNN in 2015. You can enjoy beautiful landscapes year round.

↓ 20 min.

Stay at Beppu Onsen

Beppu has many affordable public baths that are part of the local life. Don't be afraid of stopping by at other onsen throughout the city!



- ⑥ African Safari / ☉9:00-16:30, 10:00-16:00 (Nov.-Feb.) / 🗄️ Open 7 days a week / Fee: 16 years old and older ¥2,600 (2,400), 4-15 years old ¥1,500(1,300) ※Bracketed are fees for a group of over 30 persons. Jungle Bus ride: 16 years old and older ¥1,100, 4-15 years old ¥900. / 🚗 / +81-978-48-2331
- ⑦ Myoban Yuno-Sato / ☉(Restaurant hours) 10:00-16:30 (Last call: 15:30) / 🗄️ No regular holidays / Fee: from ¥700 / Capacity: 160 persons / 🚗 / +81-977-66-8166
- ⑧ Beppu Ropeway / ☉9:00-17:30, 9:00-17:00 (Nov.15 through Mar.14) / 🗄️ Open 7 days a week / Fee: Junior high school students and older ¥1,600 for round-trip, 4 years old to elementary school students ¥800 for round-trip ※Discount is available for groups and junior high school students (※must present ID) / 🚗 / +81-977-22-2278

COMPLETE!

Nearby Locations



Usuki Castle Remains 臼杵城跡

As the owner of the castle was a Christian, he inscribed the stonewalls with characters that resemble Roman alphabets. Today, only the turret and stonewalls remain. / 🚗 / +81-972-63-1111 (Usuki City Industry and Tourism Division)



ACT Strawberry Farm アクトいちごファーム

Enjoy harvesting various kinds of strawberries. / Fee: 13 years old and older ¥1,600 (1,300), 7-12 years old ¥1,200 (1,000), 3-6 years old ¥800 (600), children under 2 are free ※Bracketed are the fees after mid April. / Season: Mid of Jan. through May 10th *Open only on Saturdays and Sundays from May 11 to May 31 (13 years old and older ¥1,000, 3-12 years old ¥500, children under 2 are free) / +81-978-38-5701



Grape Picking in Ajimu 安心院 ぶどう狩り

You can pick grapes at the 20 different vineyards around the town. Fee: Free admission. Picked grapes are sold by weight. (¥800-2,000 per kilogram) / Season: Early Aug. to early Oct. / +81-978-34-4839 (Usa City Tourism Association, Ajimu Branch)







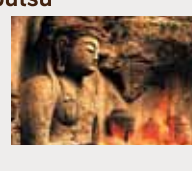

Global Tower グローバルタワー

You can overlook the city of Beppu from the glass-walled observatory deck that is 100m above the ground. Fee: 16 years old and older ¥300 (200), 15 years old and younger ¥200 (100) ※Bracketed are fees for a group of over 10 persons. / +81-977-26-7111 (B-Con Plaza)

Not-to-be-Missed Events & Festivals

Find events and festivals to experience Oita's unique traditional cultures and seasonal flowers

Early January	AREA : COURSE B,C	MONTH
Horan Enya / Bungotakada City This traditional event celebrates the New Year. Hourai boats are decked with Tairyo-bata (fishermen's flags that signify a large catch) and international countries' flags. Young men board the Hourai boats while wearing Shimekomi (loincloth), and shout as they head towards Wakamiya Hachimangu Shrine.		1
Early April	AREA : COURSE D,E,F	2
Tulip Festa / Bungoono City Approximately 300,000 tulips and 100 different types of tulips bloom around Harajiri Fall. Look forward to events and opportunities to enjoy food prepared with local ingredients.		3
Early April	AREA : COURSE D,F	4
Okajo Sakura Festival / Taketa City This festival is renowned for its wonderful cherry blossoms. A reenactment of a Daimyo Gyoretsu (feudal lord procession) from Japan's feudal period marches from Oka Castle Ruins and through the town. This historical atmosphere is reminiscent of a traditional painting.		5
End of July	AREA : COURSE C,E	6
Hita Gion Festival / Hita City This traditional summer event has a 300-year history. Gorgeously decorated Yamahoko are carried vigorously throughout town. This popular event is believed to expel epidemics and natural disasters.		7
October 14	AREA : COURSE B	8
Kebesu Festival / Kunisaki City This slightly strange festival features Kebesu and Toba. Kebesu wears a scary mask and Toba wears a white robe. They run around swinging burning ferns at the crowd. If sparks of fire land on you, it is said that you will have good health.		9
Third Friday, Saturday, and Sunday in November	AREA : COURSE D,F	10
Taketa Bamboo Lantern Chikuraku / Taketa City 20,000 bamboo lanterns are lit at sunset around Taketa's castle town. Listen to live street music that creates a harmony of light and music. Try local delicacies at one of the many food stalls that are setup for this event.		11
		12

Mid February to Beginning of March	AREA : COURSE A,E
Yoshino Plum Blossom Festival / Oita City Plum blossoms bloom throughout Japan during this time of the year. Approximately 450 plum trees bloom at Yoshino Baien. Listen to concerts performed with traditional instruments such as Koto and drums and participate in a tea ceremony while watching the plum blossoms.	
Mid February to End of March	
Ohina Festival / Throughout Oita Prefecture Ohina Festival is an annual Japanese festival that prays for girls' growth and happiness. Ornamental dolls called Ohinasama are frequently displayed during this festival. Ohina Festival is celebrated throughout Oita Prefecture, and Hita, Kitsuki, and Nakatsu have especially colorful events.	
May 4 - 5	AREA : COURSE C
Kitsuki Oshiro Festival / Kitsuki City Traditional samurai residences and stone-paved slopes create Kitsuki's picturesque, traditional townscape. Festival workers dress in clothing from the Edo period and locals dress as princesses, town girls, and samurai as they walk around town.	
First Friday, Saturday, and Sunday in August	AREA : COURSE A,E
Oita Tanabata Festival / Oita City Tanabata is an annual Japanese festival that celebrates the legend of Hikoboshi and Orihime. Although separated by the Milky Way, they are allowed to meet once a year on the night of July 7th. Oita's central shopping arcade is decorated with colorful ornaments. On the final day of the event, a large firework festival is held upriver of Benten Ohashi Bridge over Oita River.	
Last Saturday of August	AREA : COURSE D,H
National Treasure Usuki Sekibutsu Fire Festival / Usuki City This local festival has existed for over 800 years. A bonfire in front of the Sekibutsu (stone Buddha) and one thousand torches in the area are lit to create a mystical ambience.	
December 23 - 24	AREA : COURSE A,E,H
Beppu Christmas Hanabi Fantasia / Beppu City This major event brings color to winter in Beppu. Kyushu's pyrotechnics sync their creative fireworks to Christmas music and decorate the dark winter sky. 1,000 people sing Christmas carols and there are many fun shops and food stands.	



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HOT SPRING PARADISE

OITA

Inquiry

(Public Interest Incorporated Association)

Tourism Oita

ADDRESS OASIS-hiroba 21 3F, 2-50 Takasago-machi
Oita-shi, Oita-pref. 870-0029

TEL +81-97-536-6250

E-mail tourism@we-love-oita.or.jp

URL <https://www.discover-oita.com>

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